

Title	The Development of Peer Group Counseling Model for Enhancing Peer Counseling Competencies of Psychology Students of the Universities in Chiangmai Province
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Abstract

The purpose of this research was to develop peer group counseling model for enhancing peer counseling competencies of psychology students of the universities in Chiangmai Province. The population of the study of peer counseling competencies study was 161 psychology students of the faculty of humanity, Chiangmai University, the faculty of humanity and social science, Payap University, and the faculty of education, Rajabhat University. The sample groups of the enhancement of peer counseling competencies were 20 psychology students of Payap University. They were purposely selected from the population whose peer counseling competencies scores were low and ranged from the lowest up to the 20th rank and volunteered to attend the experiment. They were then randomly assigned into two groups, classified as an experimental group and a control group. Each group consisted of 10 students. The experimental group participated in the peer group counseling model while the control group did not receive any counseling.

The research instruments were 1) a peer counseling competencies scale with the IOC ranged from 0.66-1.00, the item discrimination power ranged from 0.287-0.775, and the reliability coefficient (alpha) of 0.929, 2) a peer counseling competencies observation recording form with the IOC ranged from 0.33-1.00, the

item discrimination power ranged from 0.234-0.775, and the reliability coefficient (alpha) of 0.806, and 3) the peer group counseling model for enhancing the peer counseling competencies of the psychology students with the IOC ranged of 1.00.

The research results were as follows:

1. The total mean score of peer counseling competencies of psychology students was high. The scores of peer counseling competencies dimensions : counseling attitude, counseling skill and counseling ability were high while the dimensions of counselor personality and counseling knowledge were average.

2. The peer group counseling model for enhancing the peer counseling competencies of psychology students was developed from concepts and techniques of person-centered group counseling theory, cognitive behavioral group counseling theory, behavioral group counseling theory, and reality group counseling theory. The model included initial stage, working stage and final stage.

3. Statistically significant differences in total scores of the peer counseling competencies of the experimental group were found between posttest and pretest, after the follow up and posttest, and after the follow up and pretest at 0.1 level. The total mean scores of the peer counseling competencies after the experiment (\bar{x} =4.22) and after the follow up (\bar{x} =4.25) were higher than before the experiment (\bar{x} =2.42).

4. Statistically significant differences in total scores of the peer counseling competencies between the experimental group and the control group were found after the experiment and after the follow up at .01 level. No significant differences were found between those two groups before the experiment. The total mean scores of the peer counseling competencies after the experiment of the experimental group (\bar{x} =4.22) were higher than that of the control group (\bar{x} =2.41). The total mean scores of the peer counseling competencies after the follow up of

the experimental group ($\bar{x} = 4.25$) were higher than that of the control group ($\bar{x} = 2.45$).

5. The focus group report of the experimental group who attended the peer group counseling model showed that they were satisfied with the peer group counseling model. They had positive changes in counseling : they understood the counseling methodologies, they felt proud of being peer counselors. They also felt that their personalities and counseling skills were improved and gained more abilities in counseling.

Keyword : Peer Counseling Competencies , Peer Group Counseling