

**Title** Factors Related with Stress of New Students Residing at the  
Dormitories of Maejo University

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### **ABSTRACT**

This research had the following objectives: 1) to survey the levels of stress of new students residing at the dormitories of Maejo University, 2) to study the factors related with stress of the new students, and 3) to give suggestions as guidelines in preventing problems related with stress. Data were collected from a total of 2,600 undergraduate students residing at the dormitories registered for the second semester academic year 2007. From this population a sample of 334 individuals regardless of their major fields of study or faculties was obtained by stratified random sampling at a reliability of 95%. Using a pre-tested questionnaire for its content validity and alpha coefficient that resulted to a reliability score of 0.86, data were analyzed by SPSS/PC program. Statistical parameters measured were frequency, percentage, and standard deviation.

Results of the study showed that majority of the respondents were females aged 19 years in average, whose parents are staying together and fathers are alive. Majority of the parents were receiving less than 15,000 baht per month. Majority of the respondents had daily budget of less than 2,000 baht and had GPA scores of 2.51 to 3.00.

Based from the survey of levels of stress, the study showed that majority of the respondents had stresses occasionally. Regarding factors related with stress of the respondents they were the following at descending order: studies, activities, life at the dormitoies, social life, and personality.